

TRIAD BUSINESS JOURNAL

PROFESSIONAL SERVICES

40 Under 40 2021: Regan Adamson

BY JANE LITTLE

Special Sections Editor, Triad Business Journal

Regan Adamson, partner and attorney, Kilpatrick Townsend & Stockton LLP

Age: 39

Work address: 1001 W. Fourth St., Winston-Salem 27106

City you live in: Winston-Salem

Education: Bachelor's, political science, Brigham Young University; law degree, Wake Forest University School of Law

Why selected: An attorney and partner at Kilpatrick Townsend & Stockton LLP, Adamson focuses on private funds, investment advisers, securities and mergers and acquisitions. He's a member of Kilpatrick Townsend's investment management team, and in the last three years, represented the Winston-Salem office on the firm's associate communication committee. Adamson also served on the board of Bookmarks for six years during a time of growth and reorganization, providing pro bono work to the nonprofit as well as a number of others.

How can the Triad better retain young and talented professionals? I came to Winston-Salem for law school at Wake Forest and was glad for the opportunity to stay here after graduation. I think the best way to attract and keep young professionals in the Triad is by continuing to support and grow the things that make the Triad a great place to live. For me that means putting support behind the arts, recreation and community.



Regan Adamson, partner and attorney, Kilpatrick Townsend & Stockton LLP

Most meaningful volunteer activity? I just finished six years of serving as a member of the Bookmarks board of directors. It was a great experience to interact with a very talented group of people who care about the literary arts in our community. Bookmarks programming, especially its annual Festival of Books and Authors (the largest of its kind in the Carolinas), is one of the best things that the Triad has to offer.

I am passionate about ... helping my clients achieve their goals

A fun fact people may not know about you? I lived in Japan for two years.

Tell us about a talent you are most proud of. I really like to cook (and eat). I'm not sure how skilled I am, but it has grown

into something that the whole family enjoys. Recently, my 9-year old son said 2020 wasn't all that bad, because we ate a lot of tacos. In our house we observe Taco Tuesday – and last year, that might have happened multiple times a week.

Have you displayed your talent publicly? I really enjoy cooking for family and friends – I haven't taken it to the internet yet.

What television show or movie would be best suited to demonstrate your talent and why? Not sure. Probably something from the Food Network.

If you could meet anyone in the world, who would you like to meet? Tough question, but I think Mark Twain would be a very interesting person to meet.