Megan S. Casturo

Associate

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Services

Business & Finance

Employee Benefits

Executive Compensation

Fiduciary Counseling

Health & Welfare Plan Design & Administration

Retirement Plan Design & Administration

Tax

Industries

Financial Services

Megan Casturo focuses her practice on employee benefits and executive compensation matters. She advises on plan design and establishment, plan administration, and compliance with ERISA, COBRA, HIPAA, PPACA, and the Internal Revenue Code. Additionally, Megan has experience advising clients regarding fiduciary responsibilities, participant disclosures, and corrections procedures to maintain tax qualified status.

Prior to joining the firm, Megan was an associate in the Washington, D.C. office of an international law firm where she counseled clients across ERISA and tax matters with respect to qualified and non-qualified retirement plans, deferred compensation plans, and health and welfare plans. Previously, she was an associate at a full-service employee benefits-focused law firm based in Washington, D.C., where she advised sponsors of multiemployer and single employer plans regarding the establishment and maintenance of qualified retirement plans and health and welfare plans in compliance with ERISA, COBRA, HIPAA, PPACA, and the Internal Revenue Code.

While attending law school, Megan was Articles Editor for the *Penn State Law Review*. She worked as a summer associate in 2017 at one of the oldest law firms in the country based in Wilmington, Delaware.

Megan was recognized in 2026 as one of the “Best Lawyers: Ones to Watch” for Employee Benefits (ERISA) Law by *The Best Lawyers in America*®. In 2025, she was named to the Capital Pro Bono Honor Roll, which recognizes the contributions of those D.C. Bar members who donated 50 hours or more of pro bono service during the previous calendar year.

Education

Georgetown University Law Center LL.M., Taxation, Employee Benefits Certificate (2019) *with distinction*

The Pennsylvania State University, Penn State Law J.D. (2018) *Woolsack Honor Society*

Houston Christian University B.A. (2015) *magna cum laude*, *Dean’s List*, *President’s Award*

Admissions

District of Columbia (2020)

Maryland (2019)

Professional & Community Activities

American Bar Association, Tax Section, Member

Insights

Perspectives

5 Key Takeaways | The DOL’s Proposed Investment-Selection Regulations: What Plan Fiduciaries Need to Know

May 1, 2026

Events

The DOL’s Proposed Investment-Selection Regulations: What Plan Fiduciaries Need to Know

April 28, 2026

Alert

Beyond Alternative Assets: DOL’s New Investment Selection Rule Sets the Bar for All Fiduciary Investment Decisions

April 9, 2026

News

Potbelly Corporation to be Acquired by Racetrac in Approximately $566 Million Transaction

September 10, 2025

Perspectives

5 Key Takeaways | Plan Investments and Fiduciary Risk Mitigation in the Trump Era

May 29, 2025