Insights: News

Brian Gaudet Quoted in "Changing Attitudes Toward Mental Health"

Construction Super Conference

JULY 21, 2025

“During my time practicing law, I have seen more emphasis on mental health. During one of the more recent State Bar of Texas Construction Law Conferences, they even had a session where three construction attorneys presented on their own challenges with the practice of law and alcoholism. The audience was very supportive in response to their stories. Hopefully people who needed to receive the message received it. I also think with a move to working from home and people working flexible hours (which seems to have grown exponentially because of covid-19) there has also been a general trend to accommodate people more in their personal lives, which hopefully lessens some of the stressors involved in the job.” —**Brian Gaudet**, Kilpatrick, Houston, Texas

Read the full article here.

Related People



Brian R. Gaudet

Houston, TX
t 281.809.4082
bgaudet@ktslaw.com