Kilpatrick

Insights: Publications

Muscular Christianity: A Comparison and Analysis of the Historic and Modern Muscular Christian Movements

Liberty University Senior Honors Theses

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"Muscular Christianity" is a scholarly term that is used to define the general view of Christians in Europe and the United States that arose in the 1800s toward sport involvement. Muscular Christian beliefs have progressed throughout the past century and are still influential in the modern world. This thesis seeks to outline the historic progression of muscular Christian beliefs and practices and then explores similarities and differences of modern muscular Christian beliefs with its historic positions. It concludes with a future perspective on the globalization of muscular Christianity and provides suggestions for proper Christian attitudes toward sport.