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In-person vs. virtual ADR — How to choose?

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Alternative dispute resolution (ADR), a common technique parties can use to settle disputes with the help of a third party, offers several unique benefits over traditional litigation. It is typically more cost-effective, confidential and generally a preferred method to resolving disputes. As a result, counsel and their clients often view ADR as a no-brainer. But the once simple decision to engage in ADR is now complicated by whether to proceed in-person, virtually or with a hybrid approach.

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