Kathryn J. Trent

Associate

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Services

Labor & Employment

Litigation

Kathryn Trent focuses her practice on labor and employment law. Kathryn's litigation experience includes defending employers in a broad range of labor and employment disputes including discrimination, harassment, wage and hour, wrongful termination, as well as prosecuting and defending matters seeking injunctive and equitable relief regarding restrictive covenants, misappropriation of trade secrets, tortious interference, and other business-related claims in multiple states. In addition, Kathryn regularly advises clients on all aspects of the employment relationship, as well as providing guidance and analysis related to compliance requirements for covered federal government contractors.

Prior to joining the firm, Kathryn worked as an associate in the Atlanta, Georgia office of a southeast regional law firm. As a civil defense litigator, Kathryn focused her practice on matters related to commercial litigation, class action defense, bad faith, catastrophic injury and wrongful death, appellate litigation, and professional liability. Previously, Kathryn was an attorney in the Staff Attorney's Office of the U.S. Court of Appeals for the Eleventh Circuit in Atlanta, Georgia.

While attending the University of Alabama School of Law, Kathryn served as a summer honors intern in the FBI Office of the General Counsel of the U.S. Department of Justice in Washington, D.C. and as a judicial intern for the Honorable L. Scott Coogler in the U.S. District Court for the Northern District of Alabama in Tuscaloosa, Alabama. Kathryn earned CALI awards for the highest grade in Legal Writing, Bankruptcy, and Trial Advocacy. She was also a research assistant for Professor Gary Sullivan and Articles Editor of the *Alabama Law Review*. Kathryn won Best Advocate and was a semi-finalist in the 27th Annual Duberstein Bankruptcy Moot Court Competition. She was also a semi-finalist in the 2019 Cristol, Kahn, Paskay Cup Competition.

Kathryn was recognized as one of the "Best Lawyers: Ones to Watch" in 2027 and the three years immediately preceding for Labor and Employment Litigation by *The Best Lawyers in America*®.

Kathryn has basic knowledge of French.

Education

University of Alabama School of Law J.D. (2019) *magna cum laude*, *Order of the Coif*, *Order of the Barristers*, *Hugo Black Scholar*, *ABI Medal of Excellence*

University of Alabama B.A., History and Political Science (2015) *magna cum laude*

Admissions

Alabama (2019)

Georgia (2021)

Court Admissions

Supreme Court of Georgia (2025)

U.S. Court of Appeals for the Eleventh Circuit (2022)

U.S. District Court for the Northern District of Alabama (2022)

U.S. District Court for the Northern District of Georgia (2021)

Professional & Community Activities

LEAD Atlanta, Class of 2027

Insights

News Releases

Kilpatrick Attorneys Recognized in 2027 Edition of Best Lawyers: Ones to Watch® in America
August 20, 2026

Alert

Recent DEI Updates: Making Sense of the Latest Surrounding the Administration's DEI Executive Orders
April 2, 2026

Events

DEI Executive Orders – An Update
November 6, 2025

Alert

DOJ Defines “Unlawful Discrimination” For Federal Funding Recipients
August 13, 2025

Alert

One Standard for All: SCOTUS Rejects Heightened Evidentiary Standard for Reverse Discrimination Claims
June 11, 2025