

Insights: Publications

Plan Sponsors Must Prep for New Mental Health, Drug Rules

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On Sept. 9, the U.S. Departments of Treasury, Labor, and Health and Human Services published the much-anticipated final rule implementing parts of the Mental Health Parity and Addiction Equity Act.

The primary force of the final rule is to implement new requirements adopted by Congress in amendments to the MHPAEA under the Consolidated Appropriations Act of 2021, which required health plans to conduct meaningful comparative analyses to ensure parity in access to mental health and substance use services as compared to medical and surgical services.

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